



Baby Play Checklist

From tummy time to sensory fun, these picks encourage all the learning and giggles your little one's brain (and heart) needs.



Tummy Time & Motor Development

- ☐ Tummy time mat or padded playmat
- ☐ Mirror (baby-safe and shatterproof)
- ☐ Soft rattles and wrist/ankle toys
- ☐ High-contrast flashcards or cloth books
- ☐ Textured balls or teething rings



Sensory & Exploration

- ☐ Sensory toys (crinkly, squeaky, or musical)
- ☐ Black-and-white toys (great for newborn vision)
- ☐ Soft plush toys (safe for mouthing)
- ☐ Fabric books with different textures
- ☐ Play scarves or fabric squares
- ☐ Baby-safe musical instruments (shakers, bells)



Bonding & Interaction

- ☐ Board books for story time
- ☐ Nursery rhyme or song playlists
- ☐ Hand puppets or finger puppets
- ☐ Activity gym or mobile
- ☐ Mirror play (faces are fascinating!)
- ☐ Baby massage oil (gentle, unscented)



Playtime Setup

- ☐ Washable storage basket or play bin
- ☐ Rotating toy system (fewer toys out = less overwhelm)
- ☐ Clean space for floor play (non-slip rug or mat)
- ☐ Blanket or quilt for park tummy time
- ☐ Travel toy clips or pram/stroller toys

