



Nursery Checklist

Create a space that's calm, cozy, and full of function with these nursery must-haves, from blackout blinds to the softest cot sheets.



Sleep Essentials

- ☐ Cot or bassinet (meets safety standards)
- ☐ Firm, flat mattress (with waterproof protector)
- ☐ Fitted cot sheets (2–3)
- ☐ Baby monitor (audio or video)
- ☐ Swaddles or sleep sacks
- ☐ White noise machine (optional but helpful)



Changing Area

- ☐ Change table or dresser with changing mat
- ☐ Nappy caddy (for quick grabs)
- ☐ Wipes, nappies, creams all within arm's reach
- ☐ Laundry basket or wet bag
- ☐ Hand sanitiser or wipes



Storage & Organisation

- ☐ Open shelves or baskets for toys and books
- ☐ Dresser or wardrobe
- ☐ Drawer dividers for tiny clothes
- ☐ Hooks or pegs for easy hanging
- ☐ Labelled bins or containers for sorting



Lighting & Atmosphere

- ☐ Nightlight (soft, warm glow)
- ☐ Blackout curtains or blinds
- ☐ Dimmer switch or low-light lamp
- ☐ Room thermometer
- ☐ Essential oil diffuser (optional, only for ventilation —not for newborns)



Feeding & Comfort

- ☐ Rocking chair, glider, or comfy armchair
- ☐ Nursing pillow or support cushion
- ☐ Small side table (for water/snacks during feeds)
- ☐ Basket for burp cloths, bibs, and feeding supplies
- ☐ Blanket (for your lap—not for the cot)



Extras & Personal Touches

- ☐ Soft rug or play mat
- ☐ Wall art or decals
- ☐ Growth chart
- ☐ First toys, soft books, or comforter (safe for newborns)
- ☐ Baby keepsake box

